

**I'm not a robot!**

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This will accelerate the colonization process. When the bag is completely white with mycelium, your spawning is ready to use. use. may may take a couple weeks to a month or more depending on the species and vigor of your culture. Step 2: Make or buy sterile bulk substrate Your bulk substrate formulation will depend greatly on what species of mushroom you are growing in your tubs. If you are growing edible wood loving species you'll need to track down wood chips that are made up of mostly hardwood species such as oak or maple wood. If you are growing manure loving species continue reading! We recommend our Boomr Bag product for any manure loving species. It's easy to use, already cooked and sterilized, and is a formulation perfected over many years of Agaricus trials. It will save you the hassle of tracking down your own ingredients and cooking horse poo at home... If you decide to make your own manure substrate blend the easiest formulation is 50% coco coir and 50% horse manure. Coco coir can be purchased by the bag from most grow shops specializing in hydroponic or urban gardening. The best horse manure will have to be sourced from farms that board horses, offer riding lessons, etc. Best is manure that has been composted for at least 6 months. At this point you can either pasteurize your bulk substrate by cooking it in an oven or steaming it. You'll need to mix the two ingredients together and hydrate the mixture to 'field capacity.' If you grab a handful of the substrate and squeeze it as hard as you can you should be able to get one or two drops of water to drip out. More than that and the mixture is over-hydrated: add more coco coir. If it is under hydrated add water little by little and continue to test it. For the oven method just preheat it to 170 degrees and cook the bulk substrate on baking pans with a tinfoil cover for at least 2.5 hours. To use the steam method, bag the substrate in filter patch bags and cook it in a pressure cooker or steam it until it reaches around 160-180 degrees F. Allow your bulk substrate to cool completely before it! Step 3: Make your monotub There are many ways and materials you can use to make a monotub. Most frequently large Tupperware style containers are used such as those made by Sterilite. If you choose to use this type of clear plastic container, we recommend using an opaque plastic bag as a liner for the bottom of your monotub to help prevent mushrooms from growing on the sides or bottom. The mushrooms that grow this way are nearly impossible to harvest yet will use up valuable nutrients and energy from from your substrate. Best to keep them from growing in the first place and allow the mycelium to put all its energy into creating mushrooms in easily harvestable parts of the tub. Since first making this article and its corresponding video walk-through, we've learned that it is better to use a liner than to spray-paint the outside of your monotub. As your bulk substrate colonizes with mushroom mycelium, it will pull away from the sides of your monotub but still cling to your liner. This prevents the monotub from forming microclimates suitable to side pinning. Consensus is that light proofing the lower half of your monotub is not necessary, though we've found that it does marginally help prevent side pins. Purchase the bin of your choice. Make sure that you get a lid with it! Use a hand drill outfitted with a two inch hole-saw (a modified drill bit for making larger holes). Drill holes around the outside of the monotub, running the drill in reverse can prevent the plastic from cracking. One hole every eight inches of length should be adequate with at least one hole on each end of the monotub. You want your holes to be just above the bulk substrate that you'll be filling the monotub with, just above your liner or part of the tub that is painted. Cover the holes with monotub filters. This will allow the substrate to breathe while limiting any particulates in the air from entering your tub. If you're using a contractor lining, folding the bag so that the bag fits snugly in its monotub and the top of the lining is halfway across the side of its monotub. This is where you'll put your bulk substrate. Et voila! You have your monotub ready to grow mushrooms. Step 4: Sterilize your workspace and monotub This is a very important step! You want to make sure you give your mushroom cultivation all the possible advantages. Put some alcohol in a bottle of spray and sterilize your entire bathtub. Spray your hands, your work surface, any scissors you can use to cut your open bag, etc. Sprinkle the outside of your bag of spawn and rub the alcohol around the entire bag. Make sure the room you're inoculating is clean! If you have pets make sure the room has been recently sucked (although not so recently emptied that there may be air turbulence or particled matter floating around!) Close windows. Close the doors. Be paranoid about pollution. Step 5: Load the bulk substrate in monotub and inoculate it now for the fun part! The amount of bulk and spit substrate you use will depend on the size of your monotub. You want to have 3-5 inches of substrate. A 3-pound injection port bag should easily inoculate one or two moderate-sized tubes. You want to start by spraying around an inch of bulk substrate in your sterilized monotub, or in the lining if you are using one. Make sure your bulk substrate is still in field capacity (see if you can squeeze a couple of drops of water from it!) If dried during pasteurization you will need to add sterilized water to the mixture while filling your bathtub. Then add a thin sprinkle of colonized grain. Add another inch of substrate followed by more drained. Keep the sandwich onof a bulk substrate until it has reached the desired depth. Make sure the lid to your monotub is also sterilized with rubbing alcohol. For a good measure use a paper towel with al ne naczerc sognoh sol euq ritimrep arap zul ed ogl agnet nib le euq ed etarºÁgesA .are±Áab al a onegÁxo ed ojulf ed s;Ám ocop nu ritimrep arap tesffo etnemaregil rodenetnec led apat al agnetnam y auga noc etnemairaid are±Áab al eÁcoR .aruges avitanretla anu se y etnemlaugi ajabart rioc ocoC .acitc;Árp atse a asuap rad nebed otsebsa led nºÁicanimatnec al y sitilucimrev al ed aÁrenim al ertne nºÁixenoc al erbos senoicagitsevn saveun orep sbutonom arap etilucimrev al rasu nadneimocer serodavitluc sonuglA .odatardih etnematepmoc ratse ed songis ertseum olliupsac le euq atsah auga noc etneipicer le eÁcor y etneipicer la %001 ococ ed adaglup 1 a 2/1 ed adaglup alorecac anu eugergA .lepar ut ed apat al ratiuq sedeup arohA .butonom ut rirbucne s;Árreueq snip o eafih ed sodun rev a seicepme odnauC aturf a erespse y otartsus le osaC :7 osaP .n;Áairav aredam ed sasorama seicepse ed nºÁicazinoloc ed sasat saL .locr©Áitse roma ed seicepse sal ed aÁroyam al arap etnematepmoc esrazinoloc ne sanames 3-2 n;Áradrat sbut saL .osned ocnalb oilecim ed sodun so±Áeuqep odnamrof y otartsus led eicifrepus al edsed etnemlacitrev ocnalb eafih le euq ecerap etnemlareneg otsE .sognoh gninnip ed sela±Áes sal racsub sereiuQ .adip;Ár nºÁicazinoloc anu y adauced a nºÁicatardih al ed ongis nu y larutan se otsE .odadux egnoh ed satog sa±Áeuqep rev saÁrebeD .lenarg a otartsus led eicifrepus al etnematepmoc n;Áirbuc opmeit le noC .onarg ed otnup adac edsed esridnapxe a nazneimoc socnalb sotnup sol euq s;ÁreV .azinoloc euq rev arap etnemairaid lepar us abeurpmoC odazinoloc etnematepmoc ;Átse euq sela±Áes arap butonom le aeV :6 osaP .etneibma zul ed olager nºÁglia noc orep ,atcerid ralos zul al ed areuf y ,etneilac on orep ,odil;Ác ragul nºÁglia ne butonom le agnetnaM !odazinoloc etnematepmoc ©Átse butonom le euq atsah saveumer al on y butonom ut ne apat al noP .odaluconi lenarg a otartsus led amicne otsuj butonom led sodal sol raipmil y lohocl ratorf .oiranecse le ne sates sut ahcesoC !atcerroc nºÁiccerid al ne y sonas recerc a aduya sel aÁvadot zul al ,satnlp sal omoc nazitelnisotof on sognoh sol euqnuA .atcerroc 1 Siht seiceps tsom Rof

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